

Hiking circuits as far as the eye can see, trails crisscrossing the plain, hills or mountains, huts to welcome hikers....

This is what the province of Cuneo has to offer holiday makers who follow its itineraries in summer.

Besides the activities on foot, the province is also good for cycle-touring, mountain-biking and riding.

There are a large number of water sports and sites for discovering sporting activities and recharging your batteries.

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Enjoy white water sports, swimming or fishing, fly in a glider in a cloudless sky.

5?500 km or marked footpaths...

20 cycling circuits to discover (New: 17 repair and maintenance stations all over the territory).

Mountain-biking will take you to one of the seven reception bases/sites or along the itinerary of the sun trails.

On horseback: on the trails of the Imperial Way between Digne-les-Bains and Castellane...  
Or between Alba in Italy and Simiane-la-Rotonde.

More information on : [www.alpes-haute-provence.com/liste/Bouger](http://www.alpes-haute-provence.com/liste/Bouger)

### **Emplacement**

**Vidéo 3ème film 3/4 minutes**

**Valorisation des Activités de Pleine nature.**

